

**It's a Fact!**  
**When children feel good about themselves they learn better and  
Have more fulfilling social interactions.**

Come learn about *Zippy's Friends*, an exciting new program being introduced to Tenafly's Kindergarteners this academic year. *Zippy's Friends* is designed to enhance the emotional well-being of young children with engaging stories, fun activities, puppets, a "Mystery Box," games and more.

A special Parent Presentation on *Zippy's Friends* will be given by Lorrie Sullivan, M.Ed, YCS Associate Director for Training and Consultation, who conducts trainings, workshops and consultations for infant and early childhood professionals, teachers and parents across the nation. Lorrie is training Tenafly's counselors on the *Zippy's Friends* program.

**When: TUESDAY, October 7<sup>th</sup> at 7:30 PM**  
**Where: Smith Elementary School auditorium**  
**Admission is free.**

About *Zippy's Friends*

*Zippy's Friends* is a complete, evidence-based, school-based program for five-to-seven year olds designed to help children develop coping and social skills. The program is built around a set of stories involving "Zippy", a stick figure, and his friends. *Zippy's Friends* was developed by the Partnership for Children in the United Kingdom ([www.partnershipforchildren.org.uk](http://www.partnershipforchildren.org.uk)) and is currently operating in thirteen countries.

This program does not tell children what to do. Instead, it encourages them to think for themselves and to come up with their own solutions to problems. Children practice choosing solutions that not only help them but also show them how to respect others. The emphasis is on helping children find their own solutions and expanding their range of coping strategies. Some of the skills students will develop include:

- How to identify and talk about their feelings
- How to listen attentively
- How to speak openly and ask for help
- How to say sorry
- How to adapt to new situations
- How to deal with loneliness and rejection
- How to cope with bullying and resolve conflicts
- How to deal with change and loss, including death
- How to make and keep friends

*Zippy's Friends* is in compliance with NJ Department of Education Core Curriculum Content Standards.

This presentation is brought to you by the Tenafly Parent Guidance Committee [www.tenafly.k12.nj.us/pgc](http://www.tenafly.k12.nj.us/pgc)

